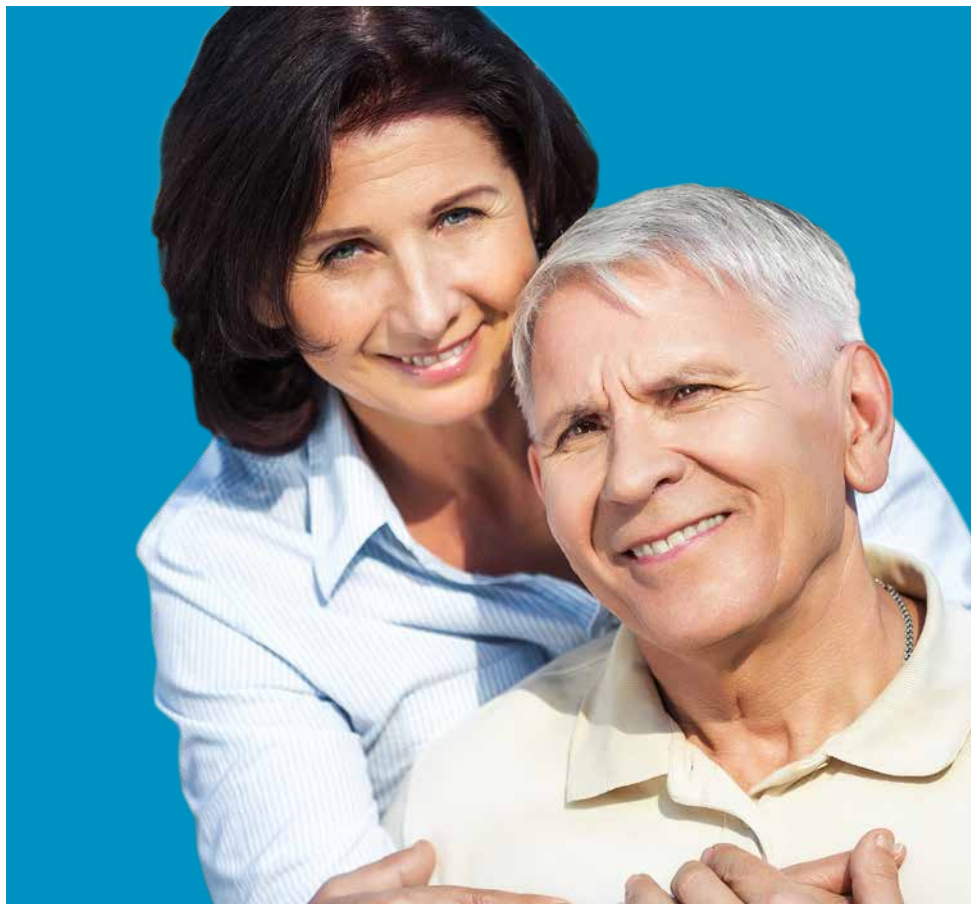




Uniting work and family care under one roof

Professional support for relatives



Basel • Bern • Geneva • Zurich

care & co – relief in all life situations



Being in the middle of your working life and having to also look after a family member who is in need of care or ill is an enormous double burden and a great challenge. If the care requirement increases and/or the previous daily routine no longer works, **care & co** can help. As the person affected, **care & co** provide you with orientation and practical support.

The care of relatives can prove challenging in various ways: the need often happens unexpectedly, is difficult to predict and, as a rule, the disability of the persons to be cared for increases as time goes by. If the need for care becomes urgent and the previous daily routine no longer works, that is where **care & co** comes in.

"I can recommend the services of care & co heartily and in good conscience."

Donato Abiuso, Urtenen-Schönbühl



Our services: a solution to match your situation

The services of **care & co** provide you with orientation and practical assistance. By working together, we can find the right solution for your requirements.

Our services can be split into three different areas:

Advice

Orientation and individual guidance when it comes to issues relating to combining work and family care that affect both those affected and the employer.

Care management

In complex cases, we support you so closely that the **care & co** counsellor becomes a kind of coordinating hub.

Home relief services – even in an emergency

Our home relief services include the procurement of staff to take care of day-to-day housework and activities, such as

- Care, conversation and socialising
- Shopping, cooking, cleaning, washing, ironing, waste disposal and gardening
- Chauffeur services, accompanying to appointments (therapy/doctor)
- Assistance with administrative jobs
- Accompanying to events, e.g. concerts or other occasions

care & co – family care services

Get in touch with us for an initial discussion with no obligation on your part. The contact person in your region can be found at:

www.careco.ch/counselling.



profawo Basel

061 260 26 90
bs@profawo.ch

profawo Bern

031 311 74 09
bern@profawo.ch

profawo Suisse romande

022 321 02 78
sr@profawo.ch

profawo Zurich

044 254 60 50
zuerich@profawo.ch



A profawo service brand name
www.careco.ch